

# Our Own Council's Try-It: American Frontier

To complete this Try-It, do four activities.

1. Experience the American Frontier first hand. Visit a historical site that will show you what frontier life was like. Possibilities within Girl Scouts of Virginia Skyline Council include: The Museum of American Frontier Culture in Staunton, or the Blue Ridge Farm Museum at Ferrum College.
2. Read a story about the early American settlers that came to Virginia.
3. Find out what children did while traveling on the wagon train. What games did they play? Play one of the games you learn about with your troop.
4. Find out what hardships people faced when traveling into unknown territories. How did they handle the problems they faced? Were their problems the same or different from the problems you face today? How?
5. Find out what people ate while traveling on the wagon train. How did they cook their food? How did they keep it from spoiling? Try a food that was eaten while on the trail.
6. Try to find a song or story told by early settlers. Sing the song with your troop or tell the story to your troop.

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