

# Girl Scouts Northeast Texas

## My Flag, My Country, and Me

### **GS Brownies: Complete four of the following activities.**

1. Give the Pledge of Allegiance and discuss what each line means.
2. Plan and participate in a flag ceremony where you are wearing your uniform.
3. Demonstrate three ways in which you respect the flag.
4. Learn how to fold a flag.
5. Learn a patriotic song.
6. Design posters showing at least three previous versions of the U.S. flag and display them in your community.
7. Learn what the colors, stars, and stripes represent on our U.S. flag.



### **GS Juniors: Complete five of the following activities.**

1. Learn the Pledge of Allegiance in sign language.
2. Write a letter to a member of Congress to request a U.S. flag that has flown over the nation's capitol.
3. Conduct a survey of places in your community which display flags to see if any are in need of retirement. Find community resources that will help with flag replacement and bring this to the attention of the flag owner.
4. Learn the history of the U.S. flag and your state flag.
5. Learn about the flag holidays. Label your calendar with a reminder to fly a flag on these dates.
6. Invite a serviceperson or veteran to your troop meeting to talk about what it means to be a patriot.
7. Perform a formal flag ceremony for a community event.
8. Teach a formal flag ceremony and proper care for the flag, including flag etiquette, to a younger girl troop.
9. Learn two verses of one of the following patriotic songs: Star Spangled Banner, Lift Every Voice, or America the Beautiful. Sing it at a Girl Scout event.
10. Find out which U.S. presidents are still living and list one major accomplishment from their presidential administration.



### **Girl Scouts 11-17: Complete seven of the following activities.**

1. Research and discuss the history and adoption of:
  - Our nation's flag.
  - The Pledge of Allegiance
  - The National Anthem
  - The American Creed
2. Conduct a formal flag ceremony (including white gloves and uniform) for a Girl Scout or community event.
3. Discuss five proper ways of displaying the U.S. flag as explained in the United States Flag Code.
4. Conduct an official flag retiring ceremony.
5. Discuss the function and purpose of the National Register of Historic Places. Describe how a property becomes eligible for listing. Locate and identify any properties on the National Register in your area.
6. Attend a meeting for a local patriotic society, such as the DAR and discuss your findings with your troop.
7. Discuss the pros and cons of the First Amendment regarding flag burning, the use of the flag in art, and what it means to you.
8. Talk with a Vietnam and a Desert Storm, Iraq, or Afghanistan veteran and find out the difference in their reception upon returning to the U.S.
9. Interview a female veteran or serviceperson regarding her role in the military versus the role of a man.
10. Find out how many war memorials exist in your community and discuss their significance.
11. Learn about the various branches of the military, what they specialize in, their colors, and their motto.
12. Write a 500 word essay on "What it means to me to be an American".



# THE PLEDGE OF ALLEGIANCE

Try your hands at signing  
The Pledge of Allegiance  
In American Sign Language! Each sign  
stands for a word or idea.



I



PLEDGE



ALLEGIANCE



TO



THE

FLAG



(U.)



(S.)

OF THE

UNITED STATES



OF

AMERICA



AND



TO



THE

REPUBLIC



FOR WHICH



IT STANDS



ONE



NATION



UNDER



GOD



IN-



DIVISIBLE



WITH



LIBERTY



AND



JUSTICE



FOR



ALL

To learn more about signing, read *Signing, How to Speak With Hands* by Elaine Costello.