

Brownie Climb It Try-It

1. *Safety* – learn about what is necessary to be safe while rock climbing or wall climbing.
2. *Equipment* – make a list of the equipment used to climb a wall or free climb on rock (bouldering).
3. *Locations* – find at least 2 places in your area where you can go to free climb on rocks (bouldering) or climb a wall.
4. *First Aid* – learn about basic first aid used for bumps, bruises or sprains.
5. *Talk with someone in the business of teaching people to climb* – contact one of the places you discovered in #3 and invite them to your meeting or go to them to learn first hand what climbing involves.
6. *Go Climb Somewhere* – using one of the places you discovered in #3 go on a field trip and climb a rock or a wall. Be sure to pack a snack and some water to take with you.