



Girl Scouts®

## Discover Careers In Medicine Try-It



Many people in our community help us stay healthy and help us when we are sick. Let's look at some of them, and learn what they do.

To earn this patch you must complete at least four of the following activities:

### 1. **MATCHING GAME**

Match the following professionals with how they help us.

|                       |                                 |
|-----------------------|---------------------------------|
| Orthopedist           | helps us breathe better         |
| Dentist               | helps us to walk                |
| Respiratory Therapist | cares for infants and children  |
| X-Ray Technician      | helps us take care of our teeth |
| Physical Therapist    | fixes broken bones              |
| Pediatrician          | takes pictures of bones         |

### 2. **LEARN TO DO IT!**

Learn how to put an adhesive bandage (Band-Aid) on correctly.

Wash and dry the area thoroughly.

Open the package, being careful not to touch the area of the gauze pad.

### 3. **HELPING OUT!**

Make Get Well cards for patients in a hospital, Veteran's Hospital or extended care facility.

### 4. **WHO'S THERE?**

Learn about the 911 emergency phone system. Who is there to help you? When would you call 911? What kind of information might the 911 operator need from you? Practice with a partner making a call to the 911 operator, giving them needed information to help.

### 5. **LISTEN UP!**

Borrow a stethoscope. Listen to your heart, what sounds do you hear? Listen to your lungs, what sounds do you hear? What professionals use a stethoscope to help us?

**6. MAKE A LIST!**

Make a list of as many people that help us stay healthy as you can. Think who helps us when we don't feel well, who helps us take care of our teeth?

**7. WHERE?**

Where are the places that the people who help us stay healthy work? People in health care careers work in hospitals, but also in extended care facilities, pharmacies, factories and laboratories. What other places can you think of? How far are they from your meeting place? Your home? How would you get there if you needed to?

Discover Careers In Medicine Try-It may be obtained through the Girl Scouts of Connecticut Shops. You may shop online at [www.gsofct.org](http://www.gsofct.org) > Shop. You may also contact them at 203-234-6253 or [shop@gsofct.org](mailto:shop@gsofct.org) .

Please contact the Girl Scouts of Connecticut Program Department for further information at 203-239-2922 or 800-922-2770 or [program@gsofct.org](mailto:program@gsofct.org) .

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