

FIRST AIDE TRY IT



1. Make a First Aid Kit for your troop. Put the list of items in the box.
2. Know how to dial 911 and when to dial it. Learn what information you will need to give the operator.
3. Find out safety tips for hot and cold weather.
4. Create a safety book for your troop
5. Learn basic First Aid for cuts, sprains, shock and minor burns.
6. Identify careers that use First Aid. Examples: Nurses, a Firefighter, Police Officers, Doctors, EMT's (Emergency Medical Technician), Teachers, Camp Counselor, and Babysitters)
7. Teach another troop what you have learned



Or

Have a First Aid demonstration in your troop with each girl showing what they have learned.
