



Our Own Council's

Fun with Makeup Brownie Girl Scout Try-It

Cosmetology is the science of makeup. It includes keeping your body clean, cleaning your face, working with hair care and nail care products and makeup...things that can help you feel good about yourself and can help you develop positive self-esteem. Having good self-esteem helps girls to build courage, confidence and character. This Try-It will teach you about cosmetology and how to work with cosmetics and hygiene products. Get parent permission for activities using makeup, and adult supervision would be great!

To earn this Try-It, complete *FOUR* of the following activities:

1. * **Skit:** Look up the following words to learn what they mean. With your friends, troop or family, make up a skit using the words.

Hygiene	Makeup	Toothpaste
Acne	Soap	Manicure
2. **Crossword Puzzle:** Make a crossword puzzle using words that correspond to hygiene, makeup, nail care and hair care. Use two or more of the words above and make up 8 more on your own and use them in your puzzle. Ask a friend or family member solve your crossword puzzle
3. **Makeup:** With your friends, troop or family, use washable makeup and practice putting it on one another. What did you learn about how to put on makeup?
4. **Collage:** Choose or draw pictures relating to personal hygiene and makeup and put them together to make a bigger picture or collage.
5. **Learn:** Find some interesting facts about personal hygiene and makeup and careers using cosmetics. Share these with your group.
6. **Hair Care:** With your friends, troop or family, experiment with different hair styles. Be sure to learn about how to care for your hair and why it's important to clean your hairbrush.
7. **Make It:** Look up the ingredients for lip-gloss or another cosmetic such as a facial mask or soap. With an adult's help, make your own cosmetic product.

8. **Personal Care:** Dentists say you should brush your teeth for 2-4 minutes to make sure you get every tooth clean. Pick a song that is 2-4 minutes long and brush your teeth to it for 3 days.

* This is a required activity.