

# **Girl Scouts of San Geronio Council**

## **Leave No Trace Council's Own Brownie Try-It**

- *You must complete one activity from each of the seven categories to earn this Try-It.*
- *Online site for research for this Try-It is: [www.lnt.org](http://www.lnt.org)*



### **Section One: Plan Ahead and Prepare**

- 1) Participate in a “Fashion Show” with your troop to learn what dressing in layers means.
- 2) Discuss the 10 essentials. Create a day pack your troop can take on outings.
- 3) Discuss with your troop the importance of correct and current information when planning a trip.
  - a) road conditions
  - b) weather
  - c) any problems at your destination site
  - d) availability of food, water, gasoline, shopping, Etc...at destination site
- 4) Prepare the food, water or snacks you will be taking on a day hike. How can you prepare things at home to decrease the amount of trash you will have and to decrease the weight of your day pack?

### **Section Two: Travel and Camp on Durable Surfaces**

- 1) What needs to be done to make your campsite look like no one has been there? Discuss what needs to be done and practice what needs to be done with your troop when you are finished camping.
- 2) What is a durable surface? Discuss the benefits of camping on snow, sand, gravel, grass, or dirt. Is one better than the other? Are they all durable surfaces? Have your mom or your leader help you go online to [www.lnt.org](http://www.lnt.org) to research, and discuss what you learn with your troop.
- 3) Create a game and share it with your troop about how to choose the best place to camp.
- 4) Learn how to identify where ground animals like gophers, snakes, ground hogs, spiders, etc. live. Would you place your tent on a hole if you suspect some kind of animal lives there? How would you feel if someone put their tent over your front door?

### **Section Three: Dispose of Waste Properly**

- 1) Learn about Reducing, Reusing and Recycling. Share at least 2 examples of how you can practice this while camping.
- 2) Learn what it means to “Pack It In and Pack It Out”
- 3) Learn how to go to the bathroom in nature when there are no bathrooms available. Have your mom or your leader help you go online to [www.lnt.org](http://www.lnt.org) to research how to do this and share it with your troop.
- 4) Practice digging a cathole. Make a game of it and see who can dig 6 inches the fastest.

#### **Section Four: Leave What You Find**

- 1) Find out what a “Cultural Artifact” is and why they are important.
- 2) Go on a hike, a campout or into your own backyard and discover the nature that lives there. Make a journal and record drawings and thoughts about the things you see and feel.
- 3) Discuss with your troop why it is important to “leave what you find” in nature so that everyone else to find and enjoy the same things you did.
- 4) Draw a picture of something you think is beautiful in nature. How would you feel if someone came along and drew scribbles on your beautiful picture? How would this change the message you tried to get across with your picture? Share your picture with others and explain to them why you chose to draw this particular picture, post it for others to see.

#### **Section Five: Minimize Use and Impact of Fire**

- 1) Make edible fire and discuss the importance of learning and using fire safely.
- 2) Have your mom or your leader help you go online and find out about a mound fire at [www.lnt.org](http://www.lnt.org). Practice building a fake mound fire.
- 3) What happens when a fire gets out of control? What should you do if this happens to you.
- 4) Visit a sporting goods store or have your mom or leader go online to learn other ways of cooking outdoors and share this with your troop.

#### **Section Six: Respect Wildlife**

- 1) Discuss with your troop what types of animals you might see on a camping trip. Draw a picture of at least four different animals you might see.
- 2) Learn about “quiet observation and journaling” when you are watching animals in nature. Create your own nature journal and document daytime and nighttime observations. What different things did you observe during the day as compared to the nighttime?
- 3) Create a skit with your troop and perform it for your parents or other Girl Scouts to teach them how to respect wildlife.
- 4) Learn about the habitats of at least four different animals you might see in nature and share this information with others.

#### **Section Seven: Be Considerate of Other Visitors**

- 1) Get your mom or leader to help you go online to [www.lnt.org](http://www.lnt.org) to learn the proper rules of sharing trails and walkway with others. Share this with your troop.
- 2) Learn about the consequences to nature when binging your family pet on campouts.
- 3) What does “quiet time” mean and why is it so important to others when you share campsites close to other visitors.

- 4) Create an art project or a skit about being considerate of others. This could mean being considerate of other campers or being considerate of the nature you might come in contact with when visiting a campsite.