

# Girl Scouts-Mt. Wilson Vista Council's Own Try-It

## Winter Wonderland

### 1. It's Cold Outside

Learn about hypothermia and frostbite from older Girl Scouts. With your troop and leader, talk about how you could avoid getting them.

### 2. Be an Artist

Snow is a fine canvas for water-colors. Try your hand at this method of painting. You will need:

- A plastic squeeze or spray bottle for each color
- Bottles of food coloring
- A refrigerator (optional)

1. Fill each squeeze or spray bottle with cold water.
2. Place a few drops of food coloring in the bottles (one color in each bottle).  
The more drops you add, the darker the color will be.
3. Place the spray bottles in the refrigerator to chill or leave outside for a few minutes. The water has to be cold so that it won't melt the snow.
4. Spray the colors on the snow to create your snow painting.

### 3. Snow Creatures

As a group or with a buddy, create a snow creature. Think beyond snowmen. Try an animal, a cartoon character or an imaginary creature. Show off your sculpture by having a contest with your friends or family.

### 4. Drifting, Floating

Read the book "The Snowy Day" by Ezra Keats. Talk about how snowflakes are made. Then, pretend you are a snowflake. Create a skit that shows how you were formed and what happened to you after that. Where are you now? What changes did you go through?

### 5. Winter Survival

How do animals survive during the winter? Look at this list of animals and talk about what kind of changes (this is called adaptation) they might have to make in their shelter, or the way they get food and water.

Here are some animals to think about:

- Rabbit
- Hawk
- Bear
- Fox
- Snake
- Owl
- Fish
- Turtle

## **6. Mush!**

Find out about sled dogs. See how many of these questions you can answer.

- How many dogs does it take to make up a team?
- How is the lead-dog selected?
- How much weight can they pull?
- How often do they race?
- What is the name of the most famous dog-sled race?
- Where is it held?
- How do dogs train for racing?
- Do they have a special diet?
- What breed of dog is used most?
- At what age do they retire from racing?